

**Gainesville High School  
Guidance Office**

**Senior Profile**

**Student Name** \_\_\_\_\_ **Today's Date** \_\_\_\_\_

**Student Email** \_\_\_\_\_ **Phone** \_\_\_\_\_

This form assists your school counselor/teacher in writing a letter of recommendation. The more specific details you provide, the more thorough your recommendation will be. **Please give your recommender at least two weeks to complete your letter.** The information on this profile can also be used to answer questions on your college applications as well as scholarship applications.

**Part I: College Admissions Test Scores**

Please list the SAT I, SAT II Subject and ACT scores that you will release to the university/college(s) you plan to apply to:

<b>SAT I</b>	<b>Test Date</b>	<b>Reading</b>	<b>Math</b>	<b>Writing</b>

<b>ACT</b>	<b>Test Date</b>	<b>English</b>	<b>Math</b>	<b>Science</b>	<b>Reading</b>
<b>Composite Score</b>			<b>Writing Score</b>		

<b>SAT II</b>	<b>Test</b>	<b>Score</b>	<b>Test Date</b>

**Part II: Colleges to which you are applying and deadlines for each:**

<b>College Name</b>	<b>Deadline</b>

**Possible Major(s):** \_\_\_\_\_

**Career Goals:** \_\_\_\_\_

**Part III: Activities/Honors**

List clubs, sports, activities and service organizations you have participated in during high school.

<b>Name of School Activity</b>	<b>Grade(s) of participation (circle all that apply)</b>	<b>List any leadership or non-leadership roles</b>
	<b>9 10 11 12</b>	
	<b>9 10 11 12</b>	
	<b>9 10 11 12</b>	
	<b>9 10 11 12</b>	
	<b>9 10 11 12</b>	

**List non-school activities (community service or volunteering, religious, employment, etc.)**

Name of non-school Activity	Grade(s) of participation (circle all that apply)	List any leadership or non-leadership roles
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	
	9 10 11 12	

**List any honors and awards you have received in or out of high school.**

Name of Honor/Award	Year Received (circle all that apply)
	9 10 11 12
	9 10 11 12

**Part IV: Short Answer** (please answer on a separate sheet of paper and attach to profile)

- 1) List 3 adjectives that you would use to describe yourself.
- 2) List hobbies, interests, and special talents you have.
- 3) What are your strengths and weaknesses? (list at least one academic and personal).
- 4) What are you most proud of? (ex: community service project, accomplishment in school or at work, sports, etc.)
- 5) Describe one event or activity (positive or challenging) that has had a significant impact in your life. (ex: obstacles, first generation high school graduate or college bound, severe illness, tragedy, language barrier, etc.)
- 6) Discuss any significant increase or decrease in your academic performance during high school.
- 7) List at least 2 teachers who know you well. Why do these teachers stand out to you?
- 8) What has been your favorite class at Gainesville High School and why? (choose one course if possible)

**Part V: Optional**

**Parent/Guardian Brag Letter (Optional)** – *To be completed by parent; please type and attach letter.*  
 What would we want the admissions office to know about your child that they would not be able to glean from only school records and the college application? Parental insight makes a tremendous difference in the quality of a completed letter of recommendation, so we ask that you address in the brag letter anecdotes and other pertinent information that is not already used in the college application. Possible topics may include discussion regarding your son or daughter’s greatest strengths, most unique characteristics, significant family events, personal obstacles or triumphs, etc. (we recommend a one page minimum response). We thank you for your contribution! ☺

**Attach additional pages as necessary. A resume along with a college essay may also be attached to this profile.**

### Part VI: Student Self-Evaluation

The information you provide in this questionnaire can be of great importance to your college planning. It will be used by your Counselor/Academic Advisor to prepare materials to submit to colleges in support of your application. Read the statements below carefully and rate yourself accordingly. Be honest and realistic!

**Place an "X" in the column that represents you the best.**

Ratings	Below Average	Average	Good	Excellent	Outstanding
Ability to organize and use time well					
Self-confidence					
Desire to learn new things					
Willingness to take risks					
Ability to get along with others					
Willingness to work hard					
Imagination/creativity					
Ability to express self					
Sense of humor					
Concern for others					
Emotional maturity					
Reaction to setbacks					
Ability to understand new concepts					
Self-discipline					
Growth potential					
Leadership					
Energy					
Motivation					
Warmth of personality					
Personal initiative					